

PRODUCT INFORMATION

DIFFLAM SORE THROAT GARGLE WITH IODINE CONCENTRATE

Composition

Each mL of Difflam Sore Throat Gargle with Iodine Concentrate contains 75mg/mL povidone-iodine equivalent to 7.5mg/mL available iodine. It also contains saccharin sodium and menthol and cough sweet flavours. It does not contain gluten, lactose, sugar or added colour.

Actions

Povidone-iodine is a topical antiseptic with the broad-spectrum, nonselective antibacterial activity of iodine.

Povidone-iodine is an iodophore. Iodophores are loose complexes of iodine and carrier polymers. Solutions of povidone-iodine gradually release iodine to exert an effect against bacteria. Povidone-iodine is less potent, but also less toxic, than preparations of free iodine.

Indications

Difflam Sore Throat Gargle with Iodine Concentrate is an aid in the treatment of sore throats.

Contraindications

Patients with known hypersensitivity to iodine-containing preparations.

Precautions

Prolonged use should be avoided in patients with thyroid disorders or those receiving lithium therapy.

If a sore throat persists for more than 2 days or if irritation, redness or swelling develops, consult a doctor.

Use in Pregnancy

The safety of povidone-iodine has not been established in pregnant patients. Risk to benefit ratio should be established if Difflam Sore Throat Gargle with Iodine Concentrate is to be used in these patients.

Use in Lactation

Difflam Sore Throat Gargle with Iodine Concentrate is not recommended for use whilst breastfeeding.

Drug Interactions

There are no known drug interactions with povidone-iodine.

Adverse Reactions

Povidone-iodine may cause hypersensitivity reactions and irritation of the skin and mucous membranes, although severe reactions are rare. Povidone-iodine is considered to be less of an irritant than iodine.

Dosage and Administration

Adults and Children over 12 years of age: Dilute 1 mL to 20 mL with water using the measure provided and gargle for 30 seconds. Do not swallow. Repeat every 3 to 4 hours as necessary.

Not recommended for use in children under 12 years of age.

Overdosage

The symptoms of acute poisoning from ingestion of iodine are mainly due to its corrosive effects on the gastrointestinal tract; a disagreeable metallic taste, vomiting, abdominal pain, and diarrhoea occur. Thirst and headache have been reported. Systemic toxicity may lead to shock, tachycardia, fever, metabolic acidosis and renal impairment. Death may be due to circulatory failure, oedema of the epiglottis resulting in asphyxia, aspiration pneumonia, or pulmonary oedema. Oesophageal stricture may occur if the patient survives the acute stage.

Victims of acute poisoning have been given copious draughts of milk or starch mucilage; lavage should probably not be attempted, and certainly not unless iodine has been ingested in sufficiently dilute form not to produce gastrointestinal corrosion. Other treatments include activated charcoal and sodium thiosulphate solution 1% or 5% to reduce Iodine to the less toxic iodides.

Presentation

15 mL concentrated solution.

Storage

Store below 30°C.

Manufactured By

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